



Destination Coach Program Information

DESTINATION COACH

Coaching for Personal and Professional Leadership Performance.

Destination Coach provides an opportunity to explore your own style as a Coach, challenges you to open yourself to new ways of being a leader, and equips you with the awareness, skills, tools and techniques to introduce coaching into your life and relationships. It introduces you to the power of creative thinking and a new way of working, and helps you create lasting personal and organizational change. Destination Coach will help you unlock your potential as a Coach and give you the knowledge and skills to serve your clients well. The program uses accelerated learning, advanced facilitation and achievement coaching techniques.

In this program you will:

- be equipped with a range of tools and techniques to use in your coaching and leadership
- receive feedback on your personal style and competence in applying coaching skills
- recognize that the style that got you to where you are today may not take you to your desired destination
- focus on things that will really make a difference to you and your organization
- create a personal action plan to continue your journey of personal and organizational change
- identify an action plan for using coaching in your work and life

INSTRUCTORS: AILEEN GIBB AND GARY DIGGINS

Aileen Gibb founder of Inspired Future, has coached leaders at all levels in organizations internationally over the past twelve years. She has over thirty years business experience spanning Human Resources, Sales, General Management and Consulting. Aileen has a Bachelor of Administration degree in Business Studies from the University of Strathclyde in Scotland and a Professional Qualification in Human Resources. Aileen is a Fellow of the UK Institute of Personnel Development; a Master Certified Coach with the International Association of Coaching, an Accredited Senior Coach with the International Institute of Coaching and a Member of the Harvard-based Institute of Coaching. She is also a Certified Professional Facilitator with the International Association of Facilitators.

Gary Diggins has served on the faculty of Destination Coach since 2002. Gary teaches in the Expressive Arts Department of Fleming College in Ontario. Gary holds degrees in psychology and music. He maintains a private practice in transitional counselling and travels extensively facilitating corporate seminars on effective communication and coaching. Gary currently serves on the faculty of Mindfulness Without Borders, a humanitarian project bringing mindfulness-based education to post-conflict communities in Africa and the Middle East.

Instructors: Aileen Gibb and Gary Diggins

Dates: October 22–26, 2012

Times: 8:30 am to 4:30 pm (includes evening sessions on Tuesday and Thursday until 8:00 pm with an early wrap-up on Friday)

Location: Queen's House Retreat and Renewal Centre, Saskatoon

Fees: \$3995 plus GST

Registration Deadline: September 11, 2012



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DESTINATION COACHING CERTIFICATION

Those interested in advancing their coaching skills can take the optional University of Saskatchewan Coaching Certification. It requires a commitment of about 46 hours, to be completed within nine months after you have completed the five-day Destination Coach program. To be awarded certification, you must:

- conduct six coaching sessions and submit one recorded session
- provide a portfolio of your learning and post program coaching experiences
- complete a competency assessment
- participate in one learning validation interview

Prerequisite: Destination Coach

Assessor: Aileen Gibb

Dates/Time: Complete within nine months after taking Destination Coach

Fee: \$1450 plus GST

Destination Coach is an engaging intellectual and emotional platform that enabled me to embark on my own inspirational journey of self-discovery.

Gary Neil, SK Watershed Authority

Great approach to presenting the spirit and intent of coaching—unleashing a future of possibilities.

Betty Mutwiri, Saskatoon Health Region

What a great experience and learning opportunity to meet like-minded individuals from a broad spectrum who are all keen to expand their coaching skill set. This course was one of the best learning events that I have ever attended. This is a must have course for anyone who is interested in developing their coaching expertise.

Peggy Davies, SaskEnergy

You will be transformed by the Destination Coach experience.

Mary Dolan, Groundwork Strategy